

East Hill Twist

Choreographed by Dan Albro
32 count partner/circle dance

Suggested music: Wake Me Up by Billy Currington

Alternate music: You Drive Me Crazy by Shakin' Stevens

Position: Sweetheart Position

Man's footwork described, same footwork except where stated

Intro: 16



Couples Flow Dancing
To All Types of Music

- Weekly Classes
- Weekly Dances
- Beginner Lessons
- Intermediate Lessons
- Partner Lessons
- D.J. Service

WALK, WALK, WALK, KICK, BACK, BACK, COASTER STEP

- 1-2-3-4 Step right forward, step left forward, step right forward, kick left forward
5-6-7&8 Step left back, step right back, left coaster step

STEP, 1/4 TWIST, TWIST, 1/4 TURN, 1/4 TURN, TWIST, TWIST, 1/4 TURN

- 1-2-3 Step right forward, turn 1/4 left and swivel heels right, swivel heels left (weight to right) (llo)

On count 1, release left hands and bring right hands over lady's head

On count 2, pick up left hands

- 4-5-6 Turn 1/4 left (weight to left), step right forward, turn 1/4 left and swivel heels right (olod)

On count 4 release right hands

On count 5 bring left hands over lady's head and pick up right hands

- 7-8 Swivel heels left, turn 1/4 left (weight to left) (lod)

4 SHUFFLES FORWARD, LADY TURNS (OPTIONAL)

- 1&2 Chassé forward right-left-right

- 3&4-5&6 Chassé forward left-right-left, chassé forward right-left-right

On count 3 release left hands

On count 5, bring right hands over lady's head

On count 6, pick up left hands

Option for lady on 3&4-5&6: chassé forward left-right-left turning 1/2 right, chassé back right-left-right turning 1/2 right

- 7&8 Chassé forward left-right-left

ROCK, REPLACE, 1/4 TURN, SHUFFLE SIDE, CROSS ROCK, REPLACE, 1/4 SHUFFLE FORWARD

- 1-2 Rock right forward, recover to left

- 3&4 Chassé back right-left-right turning 1/2 right (rlod)

- 5-6 Rock left forward, recover to right

- 7&8 Chassé back left-right-left turning 1/2 left (lod)

REPEAT